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Spiritual Companionship on Pilgrimage

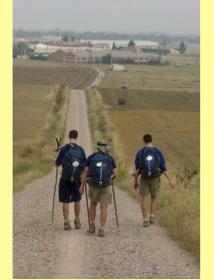


Time for personal exploration of the communal aspects of pilgrimage...



Explore with words, feelings, images, or movement... What types of spiritual companionship do I find most helpful (value the most)





at home?





What types of spiritual compañioñship am Í fiñdiñg most helpful oñ this pilgrimage?

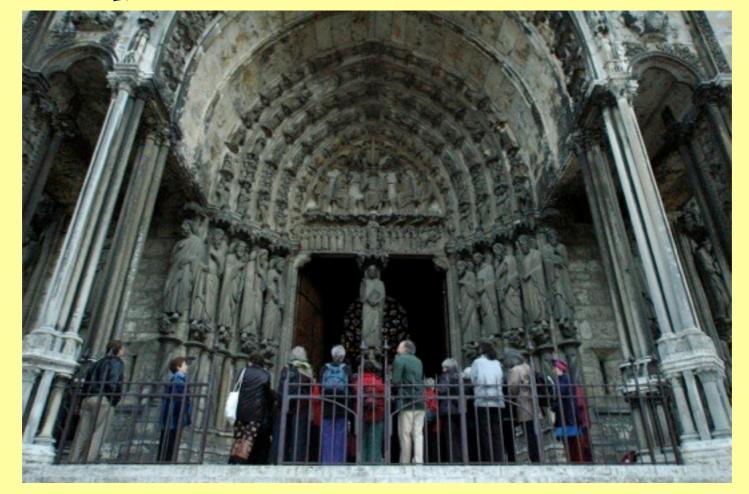








Follow this quote wherever it takes you...



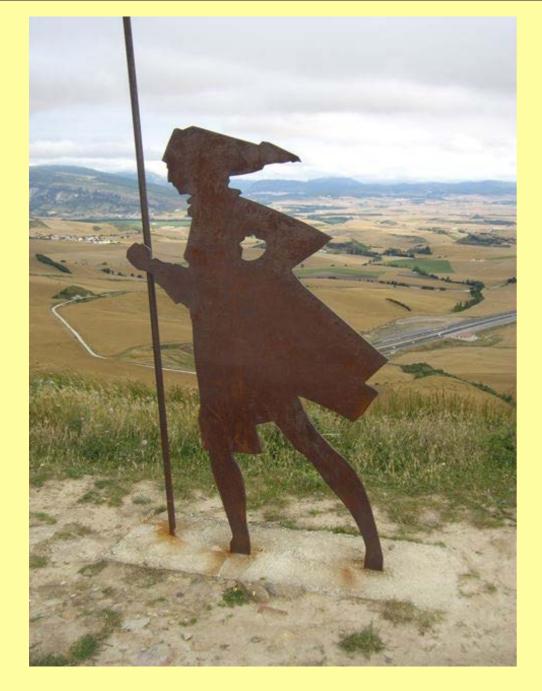
"A single Catalan woman who made the [pilgrimage] in a group described her companions as being like a multipaned mirror.

While walking and getting to know them she could see different parts of herself in each. In this mirroring process she decided that she liked the reflections."

Frey, Nancy. Pilgrim Stories: On and Off The Rooad to Santiago. (Berkeley: University of California Press, 1998.) 93.

Monday, August 31, 15

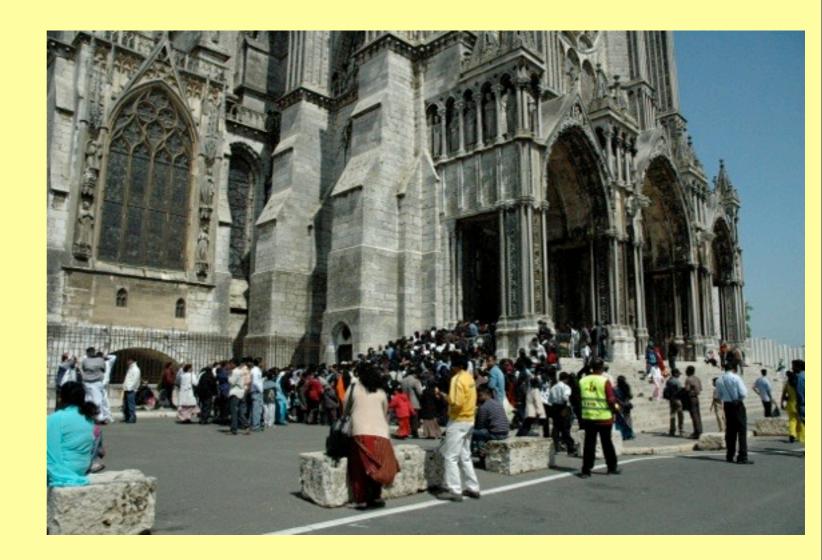




When or this pilgrimage is being with others most likely to rurture me spiritually?

Éxplore...

When on this pilgrimage is being with others most likely to be a distraction from my spiritual goals?





Follow this quote wherever it takes you...









"The ascetic and penitential nature of pilgrimage did not hold back pilgrims from staying in good humor.

They were known for singing and sometimes for playing instruments or dancing..."



Girault, M. e. P.-G. Visage de Pèleriñs au Moyeñ Age Les pèleriñages européeñs dañ't l'art et l'épopée. Zodiaque. 22.

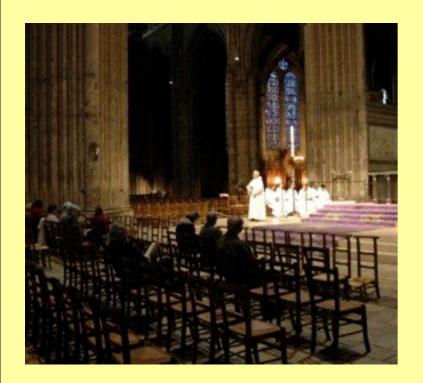


Follow this quote wherever it takes you...

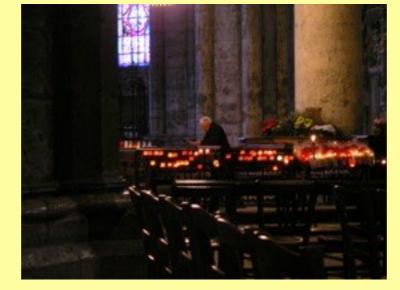
Victor and Edith Turner, anthropologists whose ideas and theories about pilgrimage have deeply shaped the way scholars approach the phenomenon, suggest that the pilgrimage experience is one of liminality, a time in which a person is separate and apart from everyday life and expectations, apart from the normal patterns and strictures of society. A pilgrim is in an in-between space for a little while, a time both of great transition and great potential. In this place you can learn and experience things that it would not be possible to learn while not on pilgrimage. A pilgrim experiences communitas, the elimination of differences between people of different ages, classes, and nationalities. Barriers between people are thrown aside as a great feeling of unity and connectedness brings people together in a way that seems impossible within the regular structures of society."

Kerry Éagan. Fumbling: A Pilgrimage Tale of Love, Grief, and Spiritual Roenewal on the Camino De Santiago. New York: Doubleday, 2004. Pages 17-18.



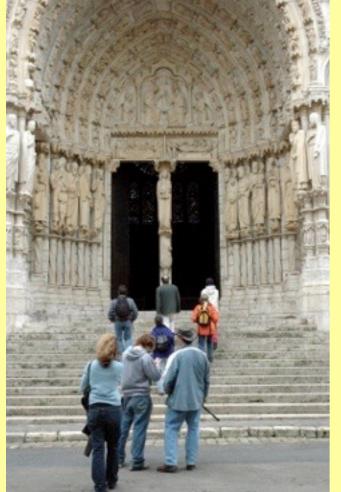








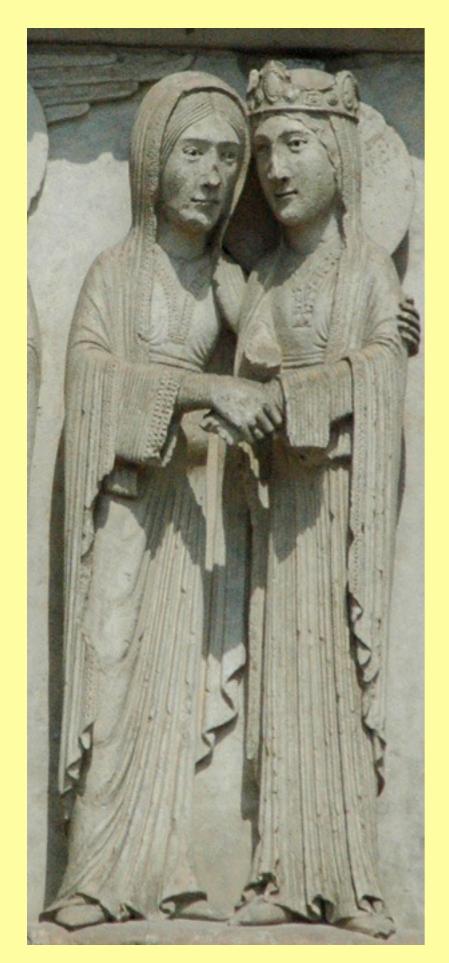
What (if any) types of spiritual support do i feel led and willing to share with other pilgrims?







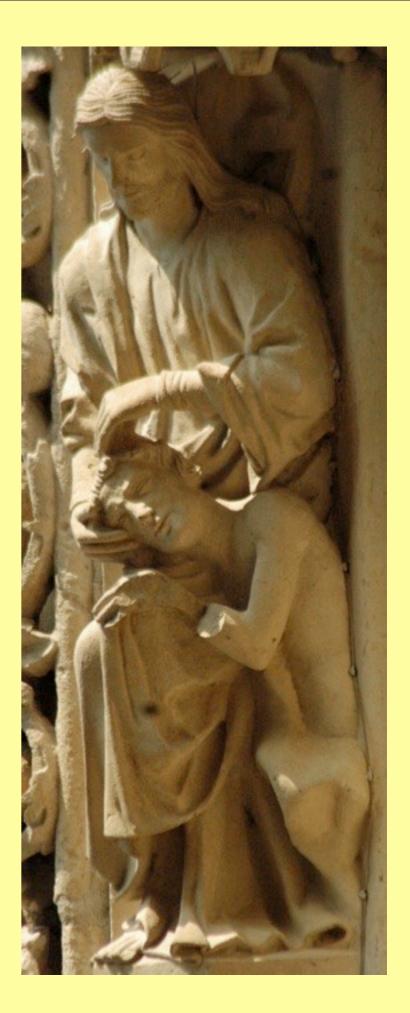




in what ways do you experience harmony and dissonance with this quote?

"And let there be no purpose in friendship save the deepening of the spirit."

Kahil Gibrañ, "Ön Friendship" in The Prophet





Consider...



What might i like to do so that my needs for giving and receiving spiritual companionship are met this week?

