

5 Postures of Contemplation

- 1. Hands on head: receiving God's Touch
- 2. One hand over one eye; gazing inward @ outward
 - 3. Hands cupping ears forwards/backwards:
 - listening to the past, present & future
 - 4. Hands placed gently over mouth: choosing silence
- 5. Hands flame from heart: experiencing @expressing sacred

passion

1. Receiving God's Touch



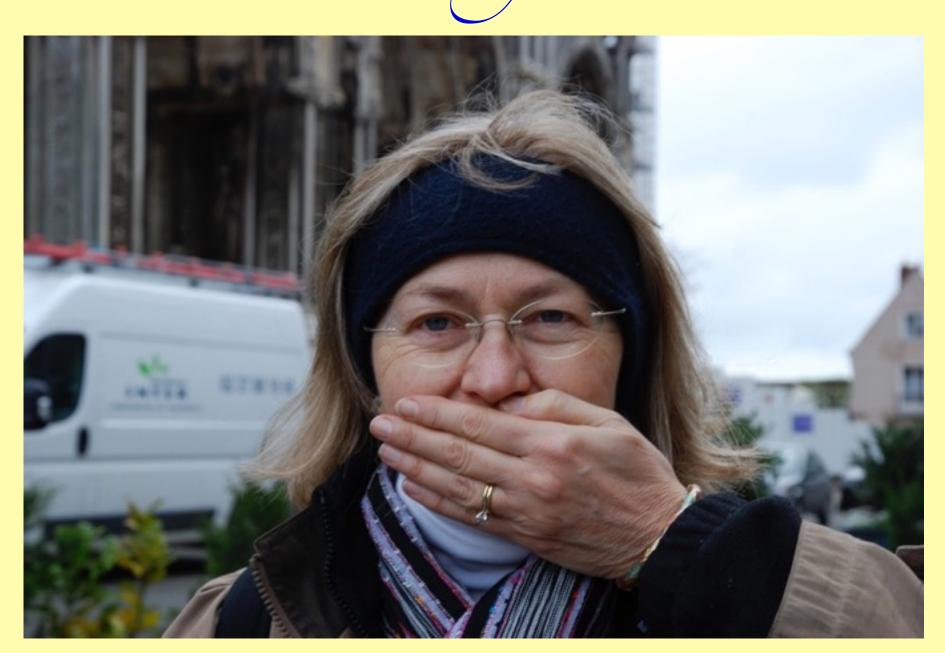
2. Gazing Inward & Outward



3. Listening to the past, present and future



4. Choosing Silence

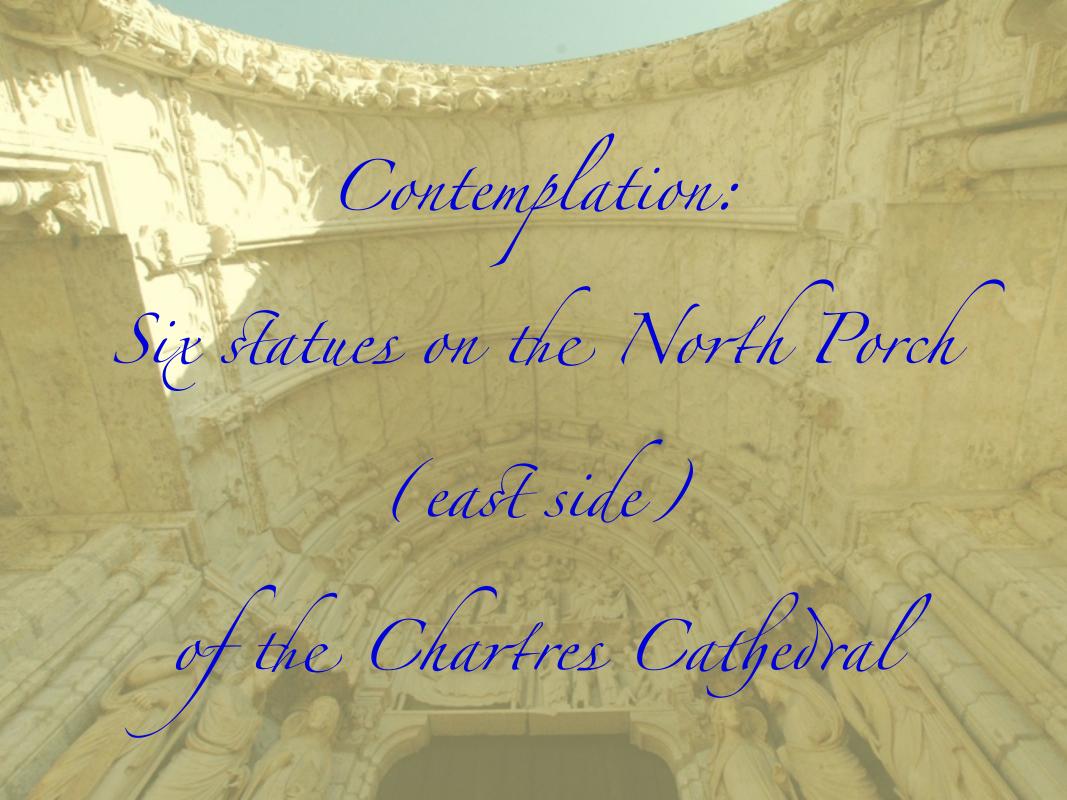


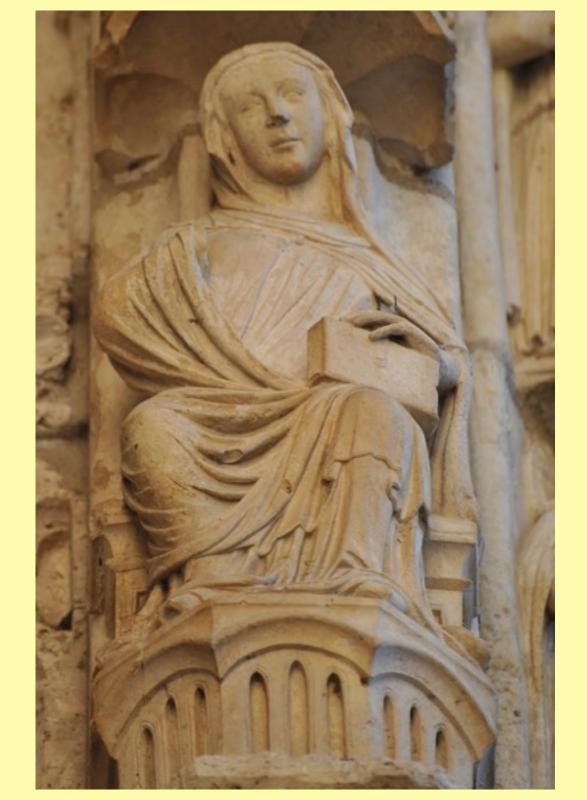
5. Experiencing & Expressing Love



Practicing the 5 Postures of Contemplation

- 1. Hands on head: receiving God's Touch
- 2. One hand over one eye; gazing inward & outward
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 - listening to the past, present & future
 - 4. Hands placed gently over mouth: choosing silence
- 5. Hands flame from heart: experiencing @ expressing sacred passion



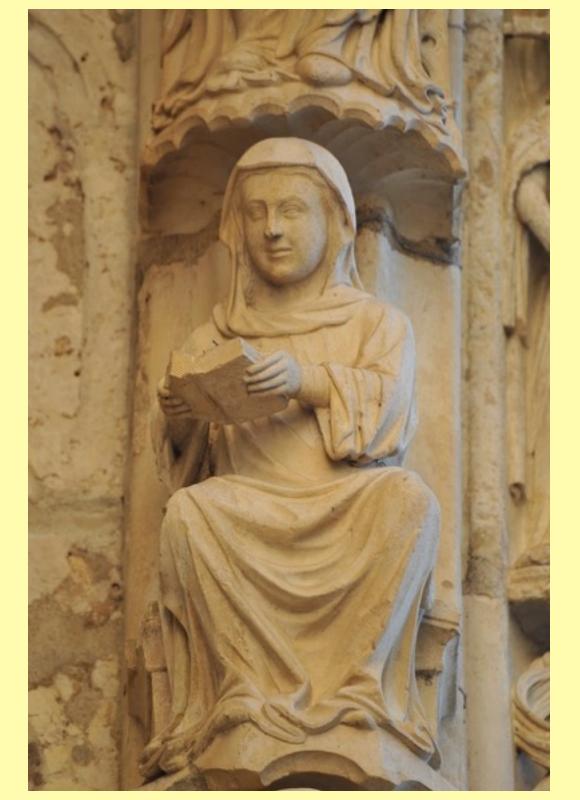


Contemplation, Statue 1

Contemplation,

Statue 2



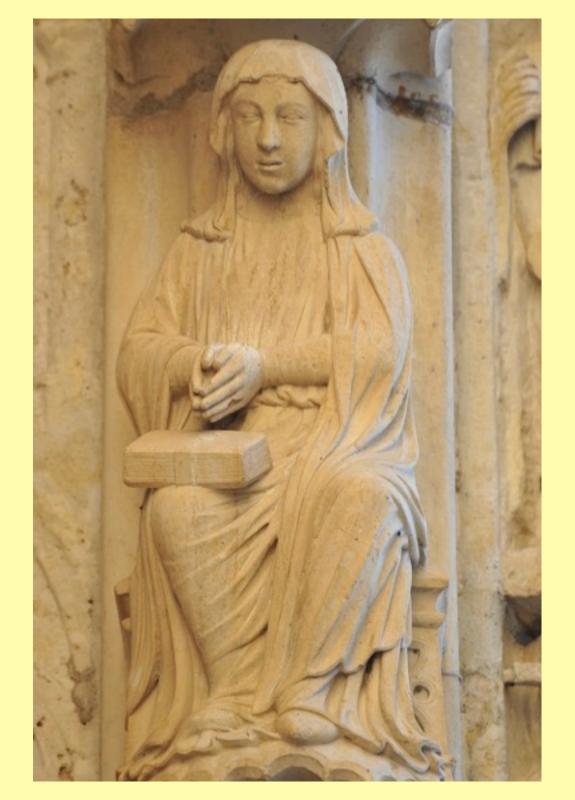


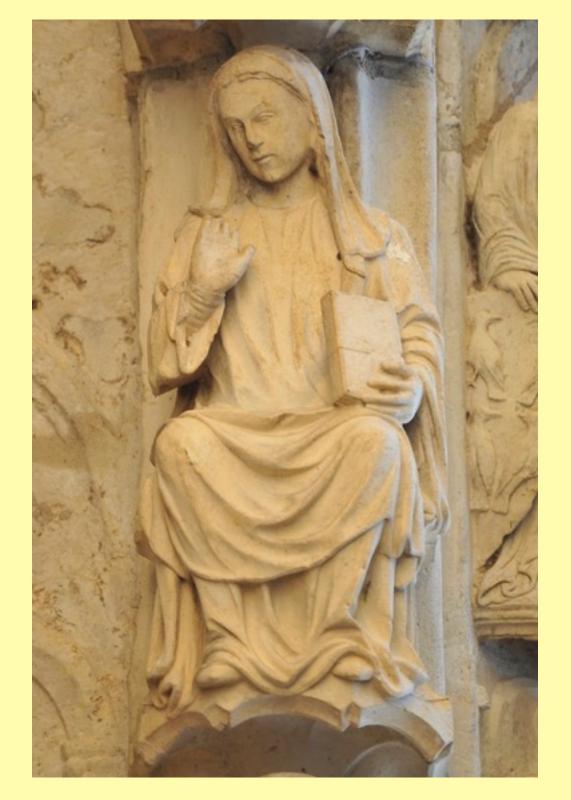
Contemplation,

Statue 3

Contemplation,

Statue 4





Contemplation,

Statue 5

Contemplation,

Statue 6

