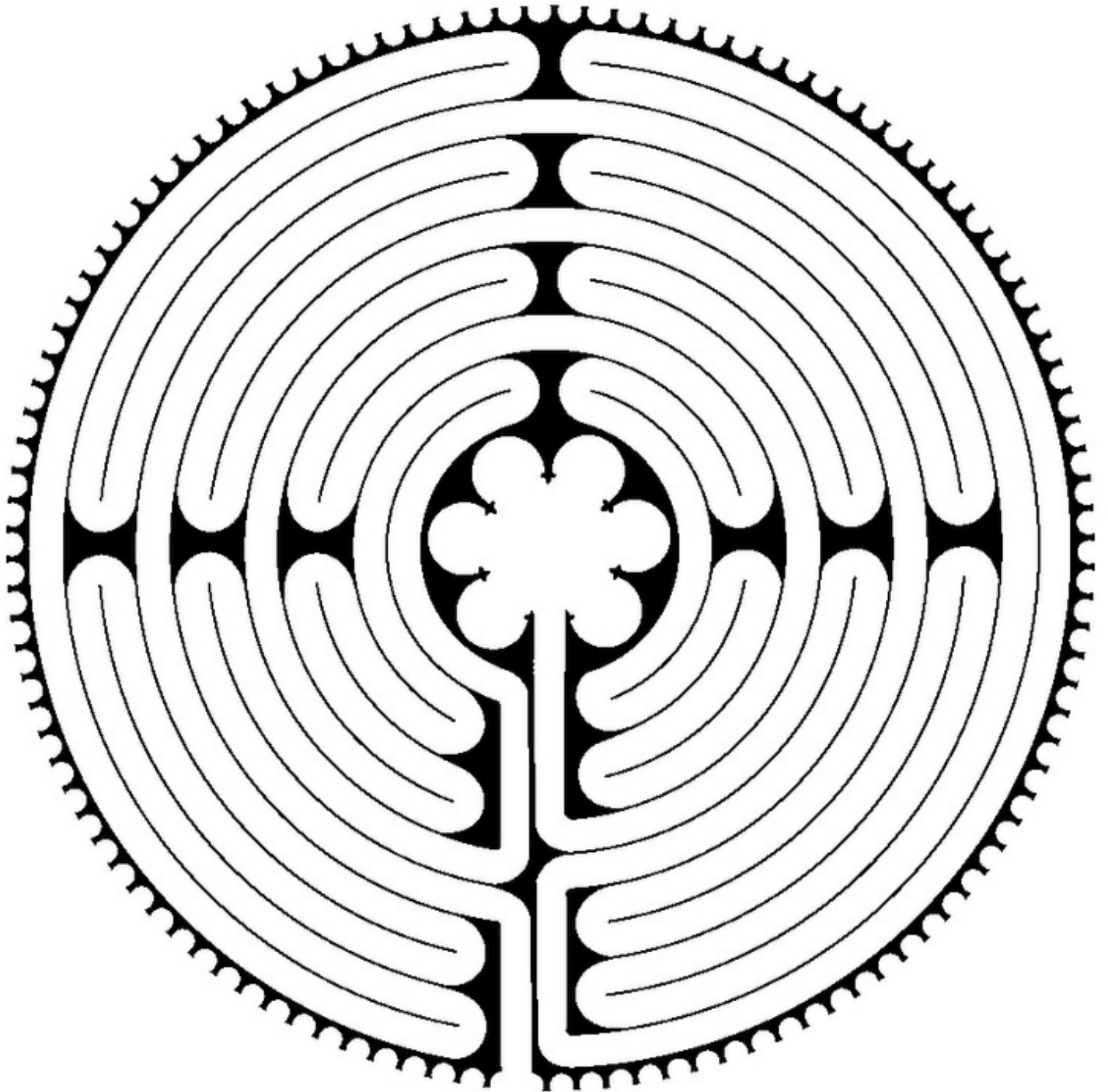


Chartres-style Labyrinth Design for Use with Fingers or Eyes



Use a finger, pencil, back of a pen, or your eyes.
Enter, crossing through the threshold, following the pathway until you reach the center where you can rest.
When you are ready, reenter the pathway, following it until you re-cross the threshold to the outside.

Design drawn by Warren Lynn www.wellfedspirit.org
For more information about labyrinths, see www.jillgeoffrion.com