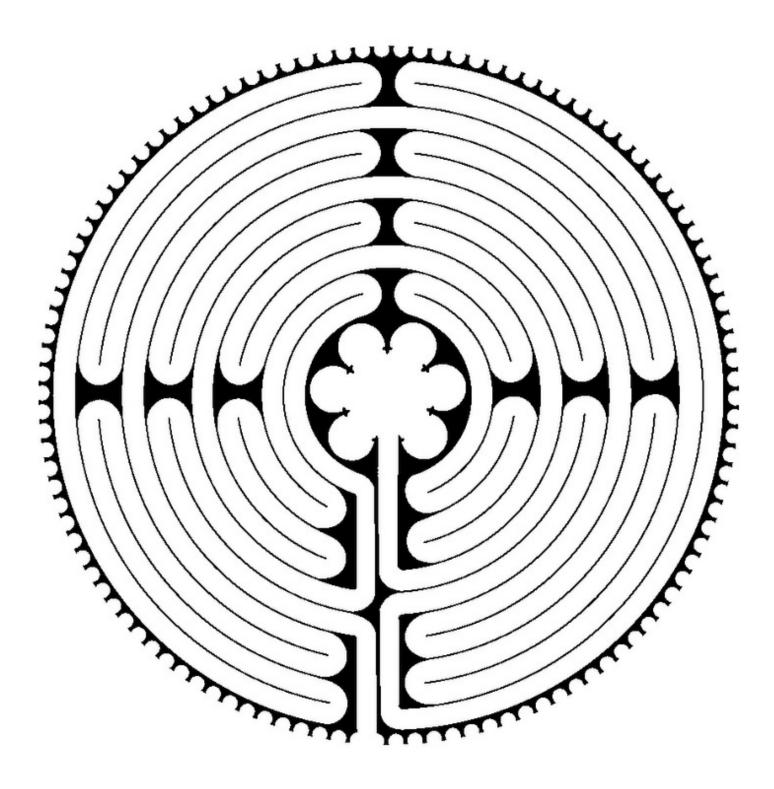
Chartres-style Labyrinth Design for Use with Fingers, Eyes, or Pen



Enter, crossing through the threshold, following the pathway until you reach the center where you can rest. When you are ready, reenter the pathway, following it until you re-cross the threshold to the outside.

For more information: <u>labyrinthprayer.com</u> Design drawn by Warren Lynn <u>wellfedspirit.org</u>